



Behind the Badge

E-News from the Law Enforcement Foundation

Dear LEF Supporter,

Welcome to the Law Enforcement Foundation's July e-newsletter – *where we honor our supporters* and share news about our Foundation programs.

Thank you to our loyal supporters!

We'd like to *extend our sincere appreciation* to the following donor for their recent support of LEF:

Grange Insurance, \$2,000

John Bishop Presented Service Award



Pictured from left to right: Chief Kenneth Hinkle, CLEE, Obetz PD and LEF President; Joel Brown, Vice President, Standard Lines Insurance, State Auto Insurance Companies and LEF Chairman; John Bishop, Chairman and CEO, The Motorists Insurance Group; and Chief Joseph Morbitzer, CLEE, Westerville PD and LEF 2nd Vice President

Mr. John Bishop, CPCU, CLU, is the Chairman and Chief Executive Officer of The Motorists Insurance Group. Mr. Bishop has served as Trustee on the Law Enforcement Foundation's board for more than five years. During his service, he has successfully led Columbus fundraising campaigns, which have helped LEF continue its efforts to provide executive education and community-based initiatives that will create safer neighborhoods for all of us.

Through his steadfast support, LEF has been able to help improve law enforcement executive competency, and in turn, strengthen communities throughout Ohio. In honor of his continued service, Mr. Bishop was presented the 2012 LEF Service Award on July 5, 2012.

Mr. Bishop has been an invaluable asset to the LEF, and we admire his hard work and dedication. We would like to thank Mr. Bishop for his contributions over the years. He will forever be a part of the LEF family.

LEF Welcomes Its New Development Coordinator



LEF recently added a new Development Coordinator, Mariah Brown, to the team. Mariah will be working to ensure that invaluable public safety programs, such as the Police Executive Leadership College, Supervisor Training and Education Program and D.A.R.E., continue to receive the funding and public support necessary to continue operation.

Mariah is a graduate of the E.W. Scripps School of Journalism at Ohio University with a concentration in Public Relations and Business. She also earned a Masters of Communication and Organizational Leadership from Gonzaga University. As a public relations practitioner, writer, and editor, she specializes in business development, client outreach and B2B communication.

Please contact Mariah at mariah.brown@lef-oh.org.

Summer Heat Safety Tips



As this summer's record-breaking temperatures continue, it is imperative to incorporate sound safety practices into your daily activities to protect yourself and your family. The following safety summer safety tips¹ will help you and your family beat the heat and safely enjoy outdoor activities:

- **Never leave children or pets alone in closed vehicles**, where temperatures can reach 140° Fahrenheit (F) within minutes. Exposure to such high temperatures can kill in minutes.
- **Stay hydrated.** Carry water (or juice) and drink continuously *even if you don't feel thirsty*. Injury and death can occur from dehydration, which can happen quickly and unnoticed. Your body needs water to keep cool and it is the safest liquid to drink during heat emergencies.
- **Avoid drinks with alcohol or caffeine.** They can make you feel good briefly, but make the heat's effects on your body worse. This is especially true of beer, which actually dehydrates the body. (People on fluid-restrictive diet or who have a problem with fluid retention should consult their doctor before increasing liquid intake.)
- **Eat small meals** of carbohydrates, salads and fruit, and eat more often. Avoid foods high in protein, because they increase metabolic heat.

¹American Red Cross, Greater New York Region

Supporting law enforcement is an investment in the safety and well-being of your community. There are many ways to show your support:

- *Make a tax-deductible donation at www.lef-oh.org*
- *Sponsor an LEF program by contacting Donna Braxton, CEO, at donna.braxton@oacp.org*
- *Enroll your Kroger Plus Card in Kroger's Community Rewards Program in support of LEF at www.krogercommunityrewards.com*

Please partner with us and lend your financial support of our programs to help make our Ohio communities even stronger and safer places to live, work, learn, and play.