

OHIO ASSOCIATION OF CHIEFS OF POLICE PROUDLY PRESENTS:

Beat the Burnout: Prioritizing Wellness in Law Enforcement

October 17, 2024 (Tuesday)

(In-person and livestream available)

Hilliard Joint Safety Services Building

Hilliard, Ohio

For registration and directions visit <https://oacp.org/training-schedule/>

TARGET AUDIENCE: Chiefs, command Staff, supervisors, officers, and other agency staff

Presenter:

- Amanda Dozanti, M.A., First Responder Wellness Specialist, lifesaverwellness.com

Description:

The workshop is a six-hour interactive course designed to help law enforcement leaders, officers, and civilian staff alike to better understand chronic stress and the effects of trauma.

Participants will:

- learn how to detect warning signs of burnout as well as other mental health conditions, and suicidality in themselves as well as colleagues.
- learn practical application of scientifically backed modalities for stress management and balancing the nervous system.
- receive additional information and resources on avenues of continued personal wellness.

ITEMS TO NOTE:

- Registration begins at 8:30 am. Program starts at 9:00 am and concludes at 4:00 pm.

Note: In-person space is limited - Register early to secure your seat!

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REGISTRATION:

\$225 Members

\$200 CLEE

\$265 Non-Members

Note: Dress is business casual

Fee includes presentation and materials. Lunch is on your own.

CPT Credit approved.