

OHIO ASSOCIATION OF CHIEFS OF POLICE PROUDLY PRESENTS:

## Beat the Burnout: Prioritizing Wellness in Law Enforcement

October 17, 2024 (Thursday)  
(In-person and livestream available)

Hilliard Joint Safety Services Building  
Hilliard, Ohio

For registration and directions visit <https://oacp.org/training-schedule/>

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**TARGET AUDIENCE:** Chiefs, command Staff, supervisors, officers, and other agency staff

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**Presenter:**

- A.K. Dozanti, M.A., First Responder Wellness Specialist, lifesaverwellness.com

**Description:**

The workshop is a six-hour interactive course designed to help law enforcement leaders, officers, and civilian staff alike to better understand chronic stress and the effects of trauma.

Participants will:

- learn how to detect warning signs of burnout as well as other mental health conditions, and suicidality in themselves as well as colleagues.
- learn practical application of scientifically backed modalities for stress management and balancing the nervous system.
- receive additional information and resources on avenues of continued personal wellness.

**ITEMS TO NOTE:**

- Registration begins at 8:30 am. Program starts at 9:00 am and concludes at 4:00 pm.

**Note: In-person space is limited - Register early to secure your seat!**

Renea Collins, Program Coordinator  
OACP Education  
[renea.collins@oacp.org](mailto:renea.collins@oacp.org)  
614-761-0330 phone  
614-761-9509 fax

**REGISTRATION:**

\$225 Members  
\$200 CLEE  
\$265 Non-Members

*Note: Dress is business casual*

Fee includes presentation and materials. Lunch is on your own.

CPT Credit approved.